

# Thunder Mountain Elementary School



November 2016

Diane Carver, Principal | Shawn Wilson, Asst. Principal | Mary Gorsuch, Secretary | Jackie DiThomas, Secretary

## Important Dates

### PTA Meeting

November 1, 2016  
4:15 in the Library

### 1st-5th (not 4th grade) Hearing and Vision Screening

November 10, 2016

### Teacher Planning Day- No School

November 11, 2016

### 4th Grade Concert

November 15, 2016  
6 pm Cafeteria

### PTA Papa John's Fundraiser

November 18, 2016

### Thanksgiving Break No School

November 21 – 25, 2016

## Students set goals and reach for the stars!



# Artist of the Month

You can find artwork from our Artist of the Month located in the Reading Nook. In the month of October Jocelyn Ramirez De Lara was the featured artist. Congratulations, Jocelyn!



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T H E R E ' S   O N L Y   O N E

## 5 Parenting Strategies to Develop a Growth Mindset

How many of us have a child who dislikes challenges? Would your child prefer to give up than persevere? Having a growth mindset is essential for a successful life. In all areas of life.

Our desire for our students is to believe they can learn anything, grow in the areas that are challenging, and work hard to solve any problem.

*“If parents want to give their children a gift, the best thing they can do is to teach their children to love challenges, be intrigued by mistakes, enjoy effort, and keep on learning.” – Carol Dweck*

### How do I Help Promote a Growth Mindset?

#### 1. Have daily learning discussions.

At dinner, in the car, or at bedtime take time for both the kids and parents to share the answers to these types of questions:

#### 2. Give feedback on process only. Don't just say to the child, “You are so smart.”

Praise effort, persistence, strategies, seeking challenges, setting goals, planning, or using creative strategies.

#### 3. Do you know brains can grow?

Explain to kids how the brain can grow stronger and that intelligence can improve throughout your life. Intelligence is not fixed. It's changeable. This is called brain plasticity. (Aren't you so glad!?)

#### 4. Encourage risk, failing, and learning from mistakes.

Now is the time to let our kids risk and fail. Failure teaches our kids important life lessons. For one, it's how they learn resiliency. And when your child fails, celebrate the lessons in the failure.

#### 5. Encourage and model positive self-talk.

Our self-talk is where it all starts to shift.



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# 4th graders from Ms. Saims's class present solar system projects





## PAPA JOHN'S PTA FUNDRAISER NIGHTS



Looking for both an easy dinner and an easy way to help our school? Papa John's pizza is the answer! We have partnered with Papa John's again this year and will earn 20% of sales on our Papa John's nights. Flyers will be sent home for you to use when you order. You need the flyer for us to get credit for your purchase. The next Papa John night is **Friday, November 18.**



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## SALVATION ARMY FOOD DRIVE



We will be collecting non-perishable goods for the Salvation Army Food Drive. Boxes will be located outside classroom doors Nov. 1<sup>st</sup> - Dec. 12<sup>th</sup>. Please donate if you can.





